



Alliance for Leadership and Education

Supporting Quality and Innovation in Adult Day Services

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Alliance for Leadership and Education

A 501 (c) 3 Public Benefit Corporation

Board of Directors

The Alliance for Leadership and Education (ALE) Board of Directors met three (3) times in 2017, including participation in a two-day joint planning retreat with the Board of the California Association for Adult Day Services.

Nina M. Nolcox Scholarship Fund

In 2017, the **Nina M. Nolcox Nursing Scholarship for Continuing Education** accepted applications and selected two recipients. Each received paid registration to attend a CAADS Conference plus a stipend of \$750 to cover related expenses.

Congratulations to:

Spring Conference Scholarship Recipient

Sara Rae Ramirez, LVN, ONEgeneration Adult Daycare, Van Nuys

Fall Conference Scholarship Recipient

Audra Zwahlen, LVN, Easterseals Southern California – Bellflower Adult Day Services, Bellflower

The Nolcox Scholarship Fund was created in 2014 to recognize nursing leadership, dedication and passion for community based nursing within adult day services as exemplified by Nina Nolcox, RN, PHN, who passed away on October 28, 2014. Nina served as President of ALE from 2010 through 2011 and President of CAADS from 2012 through 2014.



TOPS: Tracking Outcomes for Program Success

TOPS is the Alliance for Leadership and Education's custom software system for managing and benchmarking participant data used by adult day services centers.

In August 2017, ALE staff trained the Community Based Health Home (CBHH) Nurse Navigators and Program Directors about entering data into the TOPS system and generating individual participant and center reports. The training also included a review of the key principles and framework for the CBHH model.

Community Based Health Home Project

In January 2013, the **SCAN Health Plan Community Giving Program** awarded the Alliance for Leadership and Education a three-year, \$2 million grant to pilot the **Community Based Health Home (CBHH) Project**. The CBHH project built on the ADHC platform to achieve the "Triple Aim" goals for complex, high-risk, high-cost persons with low health literacy and disconnected care.

Central to the CBHH Project is the addition of a Nurse Navigator, a Registered Nurse who works beyond the Center's walls to accompany participants to medical appointments, make home, hospital and nursing home visits, and facilitate transitions to/from these settings.

In January 2015, the **Thomas J. Long Foundation** awarded the ALE with a three-year grant in the amount of \$750,000 for the purpose of "**Advancing the Community Based Health Home**" by supporting expansion and replication of the CBHH model into Alameda and Contra Costa counties.

This allowed two additional ADHC sites to become designated CBHH sites and provided support to ALE to continue its project management and development efforts.



Alzheimer's Services of the East Bay
Alameda County



Choice in Aging
Contra Costa County

As the grant concludes at the end of 2017, ALE will prepare a final report and continue to seek further support for the CBHH project through grants and direct reimbursement from sites.



Avenidas ADHC in Santa Clara County obtained its own local grant funding to join the CBHH team and obtain training and technical support from ALE as part of the CBHH project.

A total of 255 participants have been served in the CBHH project since its inception in 2012.

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CBHH Sites – 2017

The CBHH site Nurse Navigators and Program Directors met 10 times during 2017 – 9 times for 90-minute teleconferences, and once for an in-person, one-day training in Sacramento.

The following ADHC / CBAS sites participated in the CBHH Project in 2017:



Alzheimer's Services of the East Bay

Berkeley
Alameda County



Avenidas Rose Kleiner Center

Mountain View
Santa Clara County



Bayview Hunters Point Adult Day Health Care

San Francisco
San Francisco County



Choice in Aging / Mt. Diablo Adult Day Health Care

Pleasant Hill
Contra Costa County



Collabria Care

Napa
Napa County



Family Bridges, Inc. / Hong Fook Centers

Oakland
Alameda County



Yolo Adult Day Health Center

Woodland
Yolo County

Collabria Care and Family Bridges Positioned to Join the State's Health Home Program (HHP)



Section 2703 of the Affordable Care Act (ACA) allows states to create Medicaid health homes to coordinate the full range of services and supports needed by individuals with complex chronic conditions.

In California, two of ALE's Designated Pioneer Community Based Health Homes (CBHH) are in position to contract with their local managed care plans as ADHC-based Health Home sites.

Collabria Care in Napa County will be working with **Partnership Health Plan**, and **Family Bridges** in Alameda County will be working with **Alameda Alliance for Health**.

The state's Health Home Program is designed to target eligible Medi-Cal beneficiaries with multiple chronic conditions who are frequent utilizers of health care and would benefit from intensive care management and coordination.

Health Homes provide six core services consistent with the ALE CBHH model of care:

- Comprehensive care management
- Care coordination (physical health, behavioral health, community-based LTSS)
- Health promotion
- Comprehensive transitional care
- Individual and family support
- Referral to community and social support services

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Managed Care Related Activities

CAADS and Mazars USA held a brainstorming session with Anthem Blue Cross about partnering on potential pilot projects.

Russ Foster, and **Shawn Dunphy**, ALE's managed care consultants from Mazars USA, and ALE Executive Director **Lydia Missaelides** provided technical assistance to Community Based Health Home sites to assist them with discussions and negotiations with their managed care plans around rates and value-based reimbursement models.

As a result, **Yolo Adult Day Health Center** is positioned to begin a value-based pilot project with a **Dignity Health** hospital in Woodland to serve highly complex Medicare patients with the goal of avoiding costly 30-day readmissions and moving to a shared risk model once outcomes are established.

Exploration of Academic Partnership with New York University

In October 2017, ALE Executive Director **Lydia Missaelides** and Consultant **Diane Puckett** began exploration of a multi-year partnership with a post-doctoral fellow at **New York University's College of Nursing**, to analyze data from ALE's CBHH project.

Such a partnership has the potential to lead to publishable articles and broader recognition of the positive outcomes achieved by adult day services participants who are enrolled in the CBHH model of care. It also lends more credibility to ALE's grant seeking efforts and goal to build on the current model and provide the resources to export best practices across the adult day services community.

Anthem Blue Cross National Partnership

The Anthem Blue Cross Medicaid National Office will be engaging ALE by the end of 2017 to explore the dissemination of the Community Based Health Home model to other states where Anthem has a strong presence and there are willing and able adult day providers.

Financial Report

The ALE relies on grant funds and tax deductible donations for its operational income.

Donations to the **Nina Nolcox Educational Scholarship Fund** and from **Gift Basket Raffles** held at CAADS Conferences also provide support.

The ALE reimburses CAADS for shared staff positions and time allocated to ALE activities, overhead and operational expenses such as insurance and fees.

The 2016 financial records of the ALE were audited by Williams and Olds CPAs of Sacramento.

AUDITED STATEMENT OF FINANCIAL POSITION For the Year Ended December 31, 2016

BALANCE SHEET

ASSETS

Cash and Cash Equivalents	139,401
Receivable from related party	750
Grants receivables	<u>250,000</u>
TOTAL ASSETS	<u>\$ 390,151</u>

LIABILITIES AND NET ASSETS

Accounts payable and accrued expenses	17,661
Deferred revenue	<u>301,371</u>
TOTAL LIABILITIES	319,032

NET ASSETS

TOTAL LIABILITIES AND NET ASSETS	<u>\$ 390,151</u>
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STATEMENT OF ACTIVITIES

SUPPORT AND REVENUE

Contributions	\$241,938
Program fees	59,004
TOTAL SUPPORT AND REVENUE	300,942

EXPENSES

Program services	262,211
General and administration	7,797
TOTAL EXPENSES	<u>270,008</u>

CHANGE IN NET ASSETS 30,934

NET ASSETS AT BEGINNING OF YEAR 40,185

NET ASSETS AT END OF YEAR \$ 71,119