

# Long-Term Services and Supports | LTSS

## WHAT ARE LTSS?

LTSS consist of a **broad range of day-to-day help** needed by people with **long-term conditions, disabilities, or frailty**. LTSS can include, but are not limited to, help with:



Bathing



Dressing



Toileting



Medications



Wound Care



Housekeeping



Transportation



Paying Bills



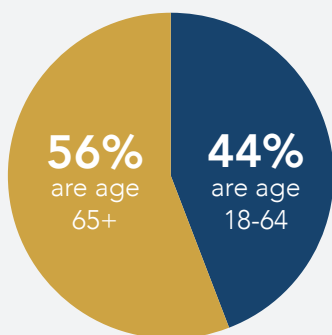
Preparing Meals



Shopping

## WHO NEEDS LTSS

**14 Million** adults need LTSS in 2018



Most people with LTSS needs **live in the community** rather than a nursing home.



**!** People of all ages need LTSS.

## WHO PROVIDES LTSS

The vast majority of people with LTSS needs **rely on unpaid assistance from family and friends**.



Provide an estimated:

**37 Billion** Hours of unpaid care

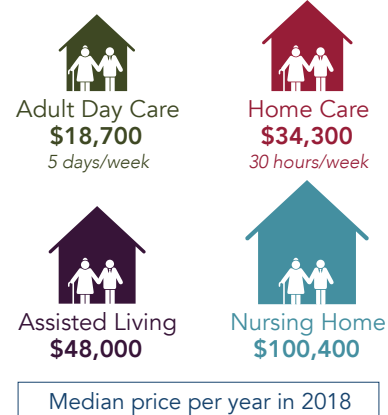
**\$470 Billion** Economic value of unpaid care



Without family-provided care, **many individuals with LTSS needs would lack the critical support** they need to live in the community.

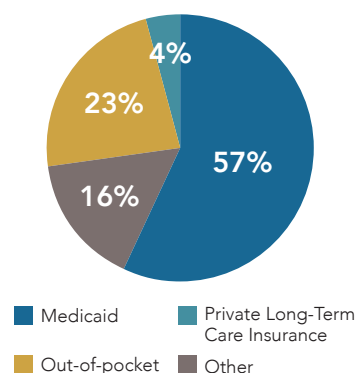
## HOW MUCH LTSS COST

LTSS can be **expensive**. Costs vary widely depending on the type and amount of care someone needs.



## WHO PAYS FOR PAID LTSS

- Most LTSS costs are paid by Medicaid and individuals paying out of pocket.
- Medicare **does not** cover extensive LTSS.



Total Cost = \$235 Billion in 2018