

# Yolo County

## West Sacramento

As of 4/1/2012

### GOLDEN DAYS ADULT DAY HEALTH CARE CENTER, WEST SACRAMENTO

1215 Merkley Avenue

West Sacramento, CA 95691 (916) 371-6011

Mail: (above)

Web: [www.goldendayshealth.com](http://www.goldendayshealth.com)

#### Licensee

#### Opened

McGlothlin Enterprises, Inc.  
For-Profit Organization

2003



California Association for Adult Day Services  
Continuous Member Since 2009

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

*(A home visit and assessment are required prior to enrollment.)*

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**

# Yolo County

## Woodland

As of 5/20/2019

### YOLO ADULT DAY HEALTH CENTER (DIGNITY HEALTH)

20 North Cottonwood Street  
Woodland, CA 95695 (530) 666-8828

Mail: (above)

Email: [Dawn.Myers@dignityhealth.org](mailto:Dawn.Myers@dignityhealth.org)

Web: <http://www.dignityhealth.org/woodland/>

#### Licensee Opened

Dignity Health 1984  
Non-Profit Organization



California Association for Adult Day Services  
Continuous Member Since 1999

#### Languages Spoken

English | French | Spanish

#### Accessing Services / Intake Process Reply Time

Call: 530-666-8828 Next Day

Email: [Beth.Conn-Ossenfort@dignityhealth.org](mailto:Beth.Conn-Ossenfort@dignityhealth.org)

Social worker will immediately take or return calls. Program described; intake form completed, and a visit day scheduled if waiting list permits.

#### ADHC / CBAS (Medical Model) Hours & Attendance

|           |                  |
|-----------|------------------|
| Monday    | 8:00 AM -4:30 PM |
| Tuesday   | 8:00 AM -4:30 PM |
| Wednesday | 8:00 AM -4:30 PM |
| Thursday  | 8:00 AM -4:30 PM |
| Friday    | 8:00 AM -4:30 PM |
| Saturday  | CLOSED           |
| Sunday    | CLOSED           |

Average Daily Attendance: 55 Daily Capacity: 59

#### ADP (Non-Model) Hours & Attendance

**Adult Day Care Extended Day – 7:30am-5:30pm**  
(Private Pay Only)

|           |                 |
|-----------|-----------------|
| Monday    | 7:30 AM-5:30 PM |
| Tuesday   | 7:30 AM-5:30 PM |
| Wednesday | 7:30 AM-5:30 PM |
| Thursday  | 7:30 AM-5:30 PM |
| Friday    | 7:30 AM-5:30 PM |
| Saturday  | CLOSED          |
| Sunday    | CLOSED          |

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ Partnership HealthPlan of California
- Private Insurance
- Private Pay
- Veterans Administration

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

|                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

|                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program
- ADCRC Alzheimer's Day Care Resource Center

Yolo Adult Day Health Center is a program designed to promote the independence of frail adults by providing medical, social, rehabilitative, recreational and respite assistance. In addition, caregivers receive needed support such as time off, support groups, resource information, training and counseling. Taking into consideration physical and cognitive limitations, individualized care plans are tailored to meet the needs of each participant. A well trained and caring staff in a safe and comfortable environment provides all services. Yolo Adult Day Health Center has been assisting Yolo County residents since 1984.

#### Who We Serve

Ages: 18 and older Average Client Age: 70

#### Special Populations

- Alzheimer's / Related Dementia
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Bathing | Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Oxygen Devices | Wheelchair

#### Other

- Dementia Specific Programs
- Incontinence
- Injections
- Labs
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Podiatry
- Rehab Therapies
- Wandering