

# San Mateo County

## Burlingame

As of 5/31/2017

### MILLS-PENINSULA SENIOR FOCUS CENTER ADULT DAY HEALTH

1720 El Camino Real, Suite 10  
Burlingame, CA 94010 (650) 696-3660

Mail: (above)

Email: [keegann@sutterhealth.org](mailto:keegann@sutterhealth.org)

Web: [www.millspeninsula.org/seniors](http://www.millspeninsula.org/seniors)

#### Licensee

Sutter Bay Hospitals  
Non-Profit Organization

#### Opened

1985



California Association for Adult Day Services  
**Continuous Member Since 1984**

#### Languages Spoken

English | Chinese: Mandarin | Chinese: Cantonese |  
Ilocano | Spanish | Tagalog

#### Accessing Services / Intake Process

Call: **650-696-3660**

#### Reply Time

**48 Hours**

A tour of the program is suggested. Health Plan of San Mateo requires a tour prior to referral. A telephone interview of approximately 30 minutes in length is conducted. Paperwork is sent to the caregivers for completion, a physician treatment plan is required. The participant is then scheduled for three assessment visits where he/she is evaluated by the multidisciplinary team.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	11:00 AM to 4:00 PM
Tuesday	11:00 AM to 4:00 PM
Wednesday	11:00 AM to 4:00 PM
Thursday	11:00 AM to 4:00 PM
Friday	11:00 AM to 4:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **55**

Daily Capacity: **60**

#### Payments Accepted

- Long Term Care Insurance
- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ Health Plan of San Mateo
- Private Pay
- Veterans Administration

#### Program/s

- **ADHC Adult Day Health Care**
- **CBAS Community Based Adult Services**
- **ADCRC Alzheimer's Day Care Resource Center**

The Adult Day Health Program, which includes an Alzheimer's Day Care Resource Center, provides a comprehensive day program of health, social, rehabilitation and recreation services necessary to keep frail, disabled seniors living successfully in the community. Our services include: direct nursing care, coordination of health services with other community providers, and physical, occupational, speech and recreation therapy. Nutrition management and education, social work, psychological services, transportation, a hot noon meal and support groups are also provided. Podiatry and audiology services are available on site.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **75**

#### Special Populations

- Alzheimer's / Related Dementia
- Behavioral Health
- Diabetes
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Post-Stroke / Neurological
- Substance Abuse
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices |  
Wheelchair

#### Other

- Behavioral Changes
- Blood Glucose Monitoring
- Incontinence
- Medicine Administration / Injections
- Medication Monitoring
- Neuropsych Evaluation
- Non-Ambulatory
- Podiatry
- Wandering

#### Additional Offerings

- Adult Education
- Art Therapy
- Caregiver Education
- Caregiver Support Groups
- Music Therapy

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**

# San Mateo County

## Half Moon Bay

As of 3/22/2017

### COASTSIDE ADULT DAY HEALTH CENTER

925 Main Street, Suite A  
Half Moon Bay, CA 94019-2379 (650) 726-5067

Mail: (above)

Email: [cadhc@coastside.net](mailto:cadhc@coastside.net)

Web: [www.coastsideadultdayhealth.org](http://www.coastsideadultdayhealth.org)

#### Licensee

Coastside Adult Day Health Center  
Non-Profit Organization

#### Opened

1982



California Association for Adult Day Services  
**Continuous Member Since 2014**

#### Languages Spoken

English | Chinese: Mandarin | Portuguese | Spanish |  
Tagalog

#### Accessing Services / Intake Process

#### Reply Time

Call: **650-726-5067** Next Business Day  
Email: [siracusa.cadhc@gmail.com](mailto:siracusa.cadhc@gmail.com)

The intake coordinator will meet with the potential client and family to gain information for eligibility. There has to be a medical necessity to be eligible.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	8:30 AM to 4:30 PM
Tuesday	8:30 AM to 4:30 PM
Wednesday	8:30 AM to 4:30 PM
Thursday	8:30 AM to 4:30 PM
Friday	8:30 AM to 4:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **35**

Daily Capacity: **60**

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - Health Plan of San Mateo
- Long Term Care Insurance
- Private Health Insurance
- Private Pay
- Regional Center Funding
- Veterans Administration
- Other: Scholarships available

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

CADHC's mission has been to keep people as healthy, active, and independent as possible when advancing years or physical / mental conditions call for more care and attention. The Center's goal is to help restore and maintain mental / physical health to enhance the quality of life for our participants and their caregivers. The Center offers a daily program of activities and health services run by a staff of professionals.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **85**

#### Special Populations

- Alzheimer's / Related Dementia
- Behavioral Health
- Diabetes
- Intergenerational
- Persons with Developmental Disabilities
- Physical Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury
- Veterans

#### Activities of Daily Living

Bathing | Eating | Toileting | Transferring (Getting Up) |  
Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices |  
Wheelchair

#### Other

- Behavioral Changes
- Incontinence Training
- Injections
- Medications Monitoring
- Non-Ambulatory

#### Additional Offerings

- Activity Program
- Art Therapy
- Care and Supervision
- Caregiver Support Groups
- Gardening Therapy
- Meals
- Medication Management
- Music Therapy
- Pet Therapy
- Physician Services
- Secured Perimeter
- Social Worker Services
- Transportation
- Adult Education
- Care Coordination
- Community Outings
- Dietary Services
- Health Check-Ups
- Medication Administration
- Money Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
- Skilled Nursing
- Speech Therapy
- Vaccination Clinics

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**

# San Mateo County

## Menlo Park

As of 6/22/2016

### PENINSULA VOLUNTEERS ROSENER HOUSE ADS

500 Arbor Road

Menlo Park, CA 94025

(650) 322-0126

Mail: (above)

Email: [bkalt@peninsulavolunteers.org](mailto:bkalt@peninsulavolunteers.org)

Web: [www.peninsulavolunteers.org](http://www.peninsulavolunteers.org)

#### Licensee

Peninsula Volunteers Rosener House ADS  
Non-Profit Organization

#### Opened

1978



California Association for Adult Day Services  
**Continuous Member Since 1985**

#### Languages Spoken

English | Danish | Hebrew | German | Spanish |  
Tagalog | Vietnamese

#### Accessing Services / Intake Process

Call: **650-322-0126**

Email: [sschachter@peninsulavolunteers.org](mailto:sschachter@peninsulavolunteers.org)

**Sarah Schachter, MSW**

#### Reply Time

**24 Hours**

After initial contact, a tour is arranged, followed by a visit day. Application and physician forms, including a TB test, must be completed prior to admission. This usually takes 1-2 weeks.

#### ADP (Non-Medical Model) Hours & Attendance

Monday	8:00 AM to 5:30 PM
Tuesday	8:00 AM to 5:30 PM
Wednesday	8:00 AM to 5:30 PM
Thursday	8:00 AM to 5:30 PM
Friday	8:00 AM to 5:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **55**

Daily Capacity: **80**

#### Payments Accepted

- MSSP Funding
- Private Insurance
- Private Pay
- Veterans Administration

#### Program/s

##### ▪ ADP Adult Day Program

We offer a comprehensive program of social, health and support services based on assessment of each individual's needs including therapeutic activities, protective supervision and personal care assistance. Exercise, music, creative arts, pet therapy, games, physical, occupational and speech therapies, intergenerational programs, reading and discussion groups are led by professional staff and volunteers. The dementia services program offers a supportive environment and specialized activities for participants with significant memory loss. The program's goal is to enhance the participant's quality of life and to provide support and respite for caregivers. The program began in 1978, and in September 2001, a new state of the art facility opened. With increased capacity, this facility was designed specifically to meet the needs of older adults with disabilities well into the 21st century.

#### Who We Serve

Ages: **18 or older**

Average Client Age: **83**

#### Special Populations

- Alzheimer's / Related Dementia
- HIV/AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Oxygen Devices | Wheelchair

#### Other

Incontinence | Medication Monitoring | Non-Ambulatory | Wandering

#### Additional Offerings

- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Gardening Therapy
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Secured Perimeter
- Social Work / Social Services
- Speech Therapy

#### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

#### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**

# San Mateo County

## San Carlos

As of 8/31/2016

### CATHOLIC CHARITIES ADULT DAY SERVICES, SAN MATEO COUNTY

787 Walnut Street  
San Carlos, CA 94070 (650) 592-9325

Mail: (above)

Email: [Pclement@CatholicCharitiesSF.org](mailto:Pclement@CatholicCharitiesSF.org)

Web: <https://catholiccharitiessf.org/our-programs/adult-day-services-san-mat/>

<b>Licensee</b>	<b>Opened</b>
Catholic Charities Non-Profit Organization	1975



California Association for Adult Day Services  
**Continuous Member Since 2005**

### Languages Spoken

English | Fijian | Hindi | Rutuman | Spanish | Tagalog

### Accessing Services / Intake Process Reply Time

Call: **650-592-9325** **24 Hours**

Email: [Cstantoni@CatholicCharitiesSF.org](mailto:Cstantoni@CatholicCharitiesSF.org)

After the initial contact, a free visit day is arranged. The social worker will assist the family caregiver in completing the application for enrollment. The application, physicians forms and TB Test results must be complete prior to admission. This typically takes 1 to 2 weeks.

### ADP (Non-Medical Model) Hours & Attendance

Monday	8:00 AM to 5:30 PM
Tuesday	8:00 AM to 5:30 PM
Wednesday	8:00 AM to 5:30 PM
Thursday	8:00 AM to 5:30 PM
Friday	8:00 AM to 5:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **24**

Daily Capacity: **32**

### Payments Accepted

- Long Term Care Insurance
- MSSP Funding
- Private Pay
- Veterans Administration

### Program/s

#### ▪ ADP Adult Day Program

Catholic Charities Adult Day Services San Mateo County is a licensed Adult Day Program that provides a safe, therapeutic and friendly environment for older adults and support for family caregivers in San Mateo County since 1975. The program is designed to enhance the participants' quality of life and increase their independence. Seniors and adults with disabilities who experience losses in physical function, memory or social support enjoy safe, fun and stimulating activities aimed at socialization, mental and physical stimulation in a supervised, recreational environment while family members are afforded much needed relief from their daily caregiving responsibilities.

### Who We Serve

Ages: **18 or older**

Average Client Age: **82**

### Special Populations

- Alzheimer's / Related Dementia
- HIV/AIDS
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

### Medical Devices

Wheelchair | Walker

### Other

Extended Care | Incontinence | Non-Ambulatory | Wandering

### Additional Offerings

- Art Therapy (Memories in the Making)
- Brain Fitness
- Care Management
- Caregiver Education / Caregiver Support Groups
- Community Outings
- Creative Arts
- Holiday Celebrations
- Intergenerational Activities
- Music Programs
- Pet Therapy
- Physical Fitness and Exercise
- Secured Perimeter

### ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

### ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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**ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.**