

# San Diego County

## Escondido

As of 1/20/2017

### EASTERSEALS SOUTHERN CALIFORNIA [ESCONDIDO]

401 S Ivy Street

Escondido, CA 92025-4339 (760) 737-3990 x 8

Mail: (above)

Email: [Natasha.Jacobs@essc.org](mailto:Natasha.Jacobs@essc.org)

Web: [www.easterseals.com/southernca](http://www.easterseals.com/southernca)

#### Licensee

#### Opened

Easter Seals Southern California, Inc.

2009

Non -Profit Organization



California Association for Adult Day Services  
Continuous Member Since 2017

#### Program/s

- ADVP Adult Day Vendorized Program
- DD Adults with Developmental Disabilities

Services designed exclusively for Regional Center clients.

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

*(A home visit and assessment are required prior to enrollment.)*

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

#### ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

# San Diego County

## National City

As of 1/20/2017

### EASTERSEALS SOUTHERN CALIFORNIA [NATIONAL CITY]

22 W 35th Street, Suite 109  
National City, CA 91950-7926 (619) 336-0630

Mail: (above)

Email: [Natasha.Jacobs@essc.org](mailto:Natasha.Jacobs@essc.org)

Web: [www.easterseals.com/southernca](http://www.easterseals.com/southernca)

#### Licensee

#### Opened

Easter Seals Southern California, Inc. 2009  
Non -Profit Organization



California Association for Adult Day Services  
Continuous Member Since 2017

#### Program/s

- ADVP Adult Day Vendorized Program
- DD Adults with Developmental Disabilities

Services designed exclusively for Regional Center clients.

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

*(A home visit and assessment are required prior to enrollment.)*

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

#### ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

# San Diego County

## Poway

As of 6/24/2019

### POWAY ADULT DAY HEALTH CARE CENTER

12250 Crosthwaite Circle

Poway, CA 92064-6882

(858) 748-5044

Mail: (above)

Email: [info@powayadhc.org](mailto:info@powayadhc.org)

Web: [www.powayadhc.org](http://www.powayadhc.org)

#### Licensee

Poway Adult Day Health Care Center, LLC  
For-Profit Organization

#### Opened

2002



California Association for Adult Day Services  
Continuous Member Since 2012

#### Languages Spoken

English | Farsi | Spanish | Tagalog | Vietnamese

#### Accessing Services / Intake Process

#### Reply Time

Call: **858-748-5044**

**Next Business Day**

Contact our Social Work department.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	9:00 AM to 3:00 PM
Tuesday	9:00 AM to 3:00 PM
Wednesday	9:00 AM to 3:00 PM
Thursday	9:00 AM to 3:00 PM
Friday	9:00 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **58**

Daily Capacity: **200**

#### ADP (Non-Medical Model) Hours & Attendance

Monday	8:00 AM to 4:00 PM
Tuesday	8:00 AM to 4:00 PM
Wednesday	8:00 AM to 4:00 PM
Thursday	8:00 AM to 4:00 PM
Friday	8:00 AM to 3:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **15**

Daily Capacity: **25**

#### Payments Accepted

- Long Term Care Insurance
- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆◆ HealthNet ◆ Molina
- Private Pay

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

At Poway ADHC, we strive to improve the quality of life for older adults and caregivers while fostering an environment that preserves the dignity of our participants. We offer restorative / maintenance care, nursing supervision, social work services, and a structured, individualized program of therapeutic activities. We provide a physically and cognitively stimulating group atmosphere, and always look for new activities to incorporate into our programming. We take pride in advocating for our participants and acting as liaisons to their families and medical professionals to help prevent premature placement in long-term care facilities.

#### Who We Serve

Ages: **18 and older**

Average Client Age: **73**

#### Special Populations

- Alzheimer's / Related Dementia
- Behavioral Health
- Diabetes
- Heart Disease
- HIV / AIDS
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Lift: Hoyer | Oxygen Devices | Wheelchair

#### Other

Behavioral Challenges | Incontinence Training | Injections | Medications Monitoring

#### Additional Offerings

- Activity Program
- Art Therapy
- Care & Supervision
- Dietary Services
- Medication Administration
- Musical Entertainment
- Pet Therapy
- Physician Services
- Skilled Nursing
- Speech Therapy
- Vaccination Clinics
- Adult Education
- Care Coordination
- Caregiver Support Groups
- Meals
- Medication Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
- Social Worker Services
- Transportation

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

#### ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

# San Diego County

## San Diego

As of 4/23/2014

### CASA PACIFICA ADHC CENTER

1424 30th Street, Suite C

San Diego, CA 92154

(619) 424-8181

Mail: (above)

Web: [www.casa-pacifica.com](http://www.casa-pacifica.com)

#### Licensee

J Gelt Corporation  
For-Profit Organization

#### Opened

2000



California Association for Adult Day Services  
Continuous Member Since 2000

#### Languages Spoken

English | Spanish | Ilocano | Tagalog | Russian

#### Accessing Services / Intake Process

#### Reply Time

Call: **619-424-8181**

**24 Hours**

Visit is scheduled, participant needs HA and TB clearance before assessment. If participant needs assistance, center staff will provide transportation and will collaborate with PCP. About 3-4 days.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	8:00 AM to 5:00 PM
Tuesday	8:00 AM to 5:00 PM
Wednesday	8:00 AM to 5:00 PM
Thursday	8:00 AM to 5:00 PM
Friday	8:00 AM to 5:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **150**

Daily Capacity: **290**

#### ADP (Non-Medical Model) Hours & Attendance

Monday	8:00 AM to 5:00 PM
Tuesday	8:00 AM to 5:00 PM
Wednesday	8:00 AM to 5:00 PM
Thursday	8:00 AM to 5:00 PM
Friday	8:00 AM to 5:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **Ask**

Daily Capacity: **Ask**

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ **Please inquire**
- Private Pay

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

A very culturally diverse center, serving several mental and physical diagnosis. Over 15,000 square feet, with a shower facility and spacious bathrooms, with a total of 20 restrooms. Programs serving Alzheimer's/Dementia, DD, MT, diabetes and CVA. Center emphasis on bilingual programs in English, Spanish and Tagalog.

#### Who We Serve

Ages: **18 and older**

Average Client Age: **68**

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Intergenerational
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Substance Abuse
- Traumatic Brain Injury

#### Activities of Daily Living

Bathing | Eating | Toileting | Transferring | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Suctioning | Wheelchair

#### Other

Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

#### Additional Offerings

- Adult Education
- Art Therapy
- Care Management
- Caregiver Support Groups
- Community Outings
- Gardening Therapy
- Money Management Training
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Secured Perimeter
- Speech Therapy

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.

# San Diego County

## San Diego

As of 4/21/2014

### LOVING CARE ADULT DAY HEALTH CENTER CBAS PROGRAM

2565 Camino Del Rio South, Suite 201  
San Diego, CA 92108 (619) 718-9777

Mail: (above)

Web: [www.lovingcareadhc.com](http://www.lovingcareadhc.com)

Email: [rz2565@msn.com](mailto:rz2565@msn.com) / [mkintzlovingcare@yahoo.com](mailto:mkintzlovingcare@yahoo.com)

#### Licensee

#### Opened

Loving Care ADHC Limited 1999  
For-Profit Organization



California Association for Adult Day Services  
Continuous Member Since 2009

#### Languages Spoken

English | Armenian | Hebrew | Japanese | Russian | Tagalog

#### Accessing Services / Intake Process

#### Reply Time

Call: 619-718-9777 Next Business Day

Email: [rz2565@msn.com](mailto:rz2565@msn.com) / [mkintzlovingcare@yahoo.com](mailto:mkintzlovingcare@yahoo.com)

Please call us, and we will walk you through the process.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	8:00 AM to 3:00 PM
Tuesday	8:00 AM to 3:00 PM
Wednesday	8:00 AM to 3:00 PM
Thursday	8:00 AM to 3:00 PM
Friday	8:00 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Office Hours: Mon-Fri 8:00am to 4:00pm

Average Daily Attendance: **Inquire** Daily Capacity: **90**

#### Payments Accepted

- Long Term Care Insurance
- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - Care 1<sup>st</sup> ♦ Community Health Group ♦ HealthNet
  - Kaiser ♦ Molina
- Medi-Cal Regular Fee-for-Service
- Private Pay
- Regional Center Funding

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

We welcome everyone to our beautiful, friendly day program of therapeutic, social and health services for the frail elderly and other adults with physical or mental impairments. We provide nursing, meals and transportation, social services and restorative therapies, such as physical, occupational, and speech, in a warm, caring and secured environment. Independence, self-expression and being part of a group helps adults, isolated by illness, disability or loss, maintain a positive orientation to life. We focus on the maintenance of physical and mental health, helping you to maintain as high a level of functioning as possible, thereby allowing you to remain in your home and community.

#### Who We Serve

Ages: **18 and older**

Average Client Age: **72**

#### Special Populations

- Alzheimer's / Related Dementia
- Behavioral Health
- Cultural Focus: Multi-Cultural
- Diabetes
- HIV/AIDS
- Intergenerational
- Lesbian, Gay, Bisexual, Transgender
- Persons with Developmental Disabilities
- Post-Stroke / Neurological
- Substance Abuse
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Colostomy | Oxygen Devices | Wheelchair

#### Other

Behavioral Challenges | Incontinence Training |  
Injections | Medication Monitoring

#### Additional Offerings

- Activity Program
- Art Therapy
- Care & Supervision
- Gardening Therapy
- Meals
- Medication Management
- Music Therapy
- Pet Therapy
- Physician Services
- Skilled Nursing
- Speech Therapy
- Adult Education
- Care Coordination
- Dietary Services
- Health Check-Ups
- Medication Administration
- Money Management
- Occupational Therapy
- Physical Therapy
- Psychology / Psychiatry
- Social Worker Services
- Transportation

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

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# San Diego County

## San Diego

As of 6/3/2013

### NEIGHBORHOOD HOUSE ADULT DAY HEALTH CARE CENTER-SAN DIEGO

851 South 35th Street  
San Diego, CA 92113 (619) 233-6691

Mail: (above)

Email: [adhc@neighborhoodhouse.org](mailto:adhc@neighborhoodhouse.org)

Web: [www.neighborhoodhouse.org](http://www.neighborhoodhouse.org)

#### Licensee Opened

Neighborhood House Association 1982  
Non-Profit Organization



California Association for Adult Day Services  
Continuous Member Since 1985

#### Languages Spoken

English | Spanish | Tagalog

#### Accessing Services / Intake Process Reply Time

Call: 619-233-6691 24 Hours

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	8:00 AM to 4:30 PM
Tuesday	8:00 AM to 4:30 PM
Wednesday	8:00 AM to 4:30 PM
Thursday	8:00 AM to 4:30 PM
Friday	8:00 AM to 4:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 47 Daily Capacity: 55

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ Please inquire
- Private Insurance
- Private Pay
- Regional Center Funding
- Veterans Administration

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

Within a small, safe “home away from home” environment, we provide Adult Day & Adult Day Health Care services to participants looking to strengthen mind, body and spirit through exercise, fun activities and meaningful socialization. We invite you to call us to get acquainted with our program. With 30 years of experience in providing care to the San Diego community...we are truly a “Neighbor You Can Count On!”

#### Who We Serve

Ages: 18 or older Average Client Age: 75

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

#### Other

Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

#### Additional Offerings

- Adult Education
- Care Management
- Community Outings

#### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

#### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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# San Diego County

## San Marcos

As of 4/1/2012

### AMERICARE ADULT DAY HEALTH CARE CENTER

340 Rancheros Drive, Suite 196  
San Marcos, CA 92069-2900 (760) 682-2424

Mail: 12825 Chaparral Ridge Road  
San Diego, CA 92130

Email: [INASHTUT@americareadhc.com](mailto:INASHTUT@americareadhc.com)

Web: [www.americareadhc.com](http://www.americareadhc.com)

**Licensee** **Opened**  
AmeriCare ADHC, Inc. 2002  
For-Profit Organization



California Association for Adult Day Services  
Continuous Member Since 2006

### Languages Spoken

English | Farsi | Japanese | Russian | Spanish | Tagalog

**Accessing Services / Intake Process** **Reply Time**  
Call: 760-682-2424 **24 Hours**

- Step 1: Schedule visit day
- Step 2: Obtain MD forms
- Step 3: Schedule assessment days
- Step 4: Admission day

### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	9:00 AM to 3:00 PM
Tuesday	9:00 AM to 3:00 PM
Wednesday	9:00 AM to 3:00 PM
Thursday	9:00 AM to 3:00 PM
Friday	9:00 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 105 Daily Capacity: 135

### ADP (Non-Medical Model) Hours & Attendance

Monday	8:00 AM to 4:30 PM
Tuesday	8:00 AM to 4:30 PM
Wednesday	8:00 AM to 4:30 PM
Thursday	8:00 AM to 4:30 PM
Friday	8:00 AM to 4:30 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: Ask Daily Capacity: Ask

### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ♦ Please inquire
- Private Insurance
- Private Pay

### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services
- ADP Adult Day Program

AmeriCare Adult Day Healthcare Center provides a safe and nurturing environment for adult individuals of all ages with medical and psychological challenges. Many of our participants are frail and elderly (150 participants) with the following diagnosis: Alzheimer's/Related Dementias, Depression, Diabetic, Heart Problems, HTN, Arthritis, Stroke, COPD. AmeriCare also provides structure, support, and safety to the lives of those living independently or in a Licensed Residential Care facility. AmeriCare Adult Day Healthcare center currently provides services to over 90 mental health consumers with the severe diagnosis: Schizophrenia, Bi-Polar, and Major Depression. We also serve about 15-20 participants with developmental disabilities.

### Who We Serve

Ages: 18 and older Average Client Age: 75

### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

### Activities of Daily Living

Eating | Toileting | Transferring | Walking

### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

### Other

Incontinence | Injections | Medicine Administration | Medication Monitoring | Non-Ambulatory | Wandering

### Additional Offerings

- Art Therapy
- Caregiver Support Groups
- Community Outings
- Money Management
- Music Therapy
- Pet Therapy

### ADHC / CBAS (medical) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

- |                    |                         |                           |                                 |
|--------------------|-------------------------|---------------------------|---------------------------------|
| ✓ Activity Program | ✓ Medication Management | ✓ Physician Services      | ✓ Social Work / Social Services |
| ✓ Dietary Services | ✓ Occupational Therapy  | ✓ Psychology / Psychiatry | ✓ Speech Therapy                |
| ✓ Meals            | ✓ Physical Therapy      | ✓ Skilled Nursing         | ✓ Transportation                |

### ADP (non-medical) centers are required to have staff to provide or arrange for assistance with the following:

- |                    |                      |         |                   |                  |
|--------------------|----------------------|---------|-------------------|------------------|
| ✓ Activity Program | ✓ Care & Supervision | ✓ Meals | ✓ Social Services | ✓ Transportation |
|--------------------|----------------------|---------|-------------------|------------------|

ADVP (non-medical) programs are vendorized by Regional Centers to serve persons with developmental disabilities.