

Contra Costa County

Antioch

As of 3/10/2016

THE BEDFORD CENTER FOR ADULT DAY HEALTH CARE

1811 C Street

Antioch, CA 94509

(925) 778-4171

Mail: (above)

Email: bflathers@rsnc-centers.org

Licensee

Choice in Aging
Non-Profit Organization

Opened

1982



California Association for Adult Day Services
Continuous Member Since 1997

Languages Spoken

English | Spanish | Tagalog

Accessing Services / Intake Process

Reply Time

Call: 925-778-4171

Reply Time: 24 Hours

Email: bflathers@rsnc-centers.org

Participants are assessed by a team of health professionals, and services are provided according to an individual plan of care.

ADHC / CBAS (Medical Model) Hours & Attendance

Monday	10:00 PM to 3:00 PM
Tuesday	10:00 PM to 3:00 PM
Wednesday	10:00 PM to 3:00 PM
Thursday	10:00 PM to 3:00 PM
Friday	10:00 PM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
 - ◆ Please inquire
- Private Insurance
- Private Pay

Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

The Bedford Center serves frail and disabled adults, 18 years and older who have difficulty caring for themselves at home, but wish to maintain their independence. A doctor's prescription is required for admission. A home visit is provided by our social worker for assessment and to explain admission procedures. Our service area includes Antioch, Bay Point, Pittsburg, Oakley, Brentwood, Knightsen, Bethel Island, and Discovery Bay.

Who We Serve

Ages: 18 or older

Average Client Age: 80

Special Populations

- Alzheimer's / Related Dementia
- Persons with Developmental Disabilities
- Physical Disabilities

Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices

Oxygen Devices | Wheelchair | Other Assistive Mobility Devices: Walkers, Canes, Braces, etc.

Other

- Incontinence
- Injections
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

Additional Offerings

- Adult Education Classes
- Art
- Community Outings
- Exercise Classes
- Gardening
- Music
- Nursing
- Occupational Therapy
- Physical & Cognitive
- Physical Therapy
- Speech Therapy

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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Contra Costa County

Pleasant Hill

As of 3/10/2017

MT. DIABLO CENTER FOR ADULT DAY HEALTH CARE

490 Golf Club Road
Pleasant Hill, CA 94523 (925) 682-6330

Mail: (above)

Email: Bporter@rsnc-centers.org

Web: www.rsnc-centers.org

Licensee

Choice in Aging
Non-Profit Organization

Opened

1979



California Association for Adult Day Services
Continuous Member Since 1984

Languages Spoken

English | Farsi | Hungarian | Ilocano | Portuguese |
Russian | Spanish | Tagalog

Accessing Services / Intake Process

Reply Time

Call: **925-682-6330**

Next Day

Inquiry, intake screening, tour, doctor's packet sent and returned, home assessment, observation, assessment days in program, MD meeting, IPC written, IPC participant/family meeting, begin attending. Time varies greatly.

ADHC / CBAS (Medical Model) Hours & Attendance

Monday	9:30 AM to 3:00 PM
Tuesday	9:30 AM to 3:00 PM
Wednesday	9:30 AM to 3:00 PM
Thursday	9:30 AM to 3:00 PM
Friday	9:30 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **58**

Daily Capacity: **70**

ADP (Non-Medical Model) Hours & Attendance

Monday	9:30 AM to 3:00 PM
Tuesday	9:30 AM to 3:00 PM
Wednesday	9:30 AM to 3:00 PM
Thursday	9:30 AM to 3:00 PM
Friday	9:30 AM to 3:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: **6**

Daily Capacity: **19**

Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
 - ♦ **Please inquire**
- Private Insurance
- Private Pay
- Regional Center Funding
- Veterans Administration

Program/s

- **ADHC Adult Day Health Care**
- **CBAS Community-Based Adult Services**
- **ADP Adult Day Program**
- **ADCRC Alzheimer's Day Care Resource Center**

The goal of the Adult Day Health and Social Day Care programs is to promote health, independence and dignity while enhancing the quality of life of those we serve through a caring, stimulating and enjoyable environment. A separate, specialized program is provided for persons with Alzheimer's or a related dementia. Two bicultural/bilingual programs serve Russian and Afghani participants. A day at Mt. Diablo Center may include nursing care, clinical therapies, as well as social and recreational activities. Two important benefits for participants are the friendships made and the sense of community these friendships foster.

Who We Serve

Ages: **18 and older**

Average Client Age: **82**

Special Populations

- Alzheimer's / Related Dementia
- Mental Health
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

Other

- Incontinence
- Injections
- Medication Monitoring
- Medicine Administration
- Non-Ambulatory
- Wandering

Additional Offerings

- Care Management
- Caregiver Support Groups

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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